

It's Not Too Late to Get a Flu Vaccination

Recorded Information Line – 01/08/07
Option 2

The Broome County Health Department located at 225 Front Street, Binghamton, will host a community-wide flu clinic Thursday, January 11 from 3:30 to 5:30 p.m. Broome County Transit buses #7 and #8 stop at the health department. **The flu vaccination is FREE to individuals that participate in Medicare Part B; otherwise the cost is \$25.**

Flu activity around New York State and in Broome County continues to be sporadic. The best way to protect oneself against the flu is by getting vaccinated. It takes up to two weeks for the vaccination to become effective. Flu activity typically does not peak until February or later so getting the flu shot now can still provide protection.

Vaccinations are recommended for anyone who wants to decrease the risk of influenza. Some people, such as older people, young children, and people with certain health conditions, are at high risk for serious flu complications and are encouraged to get immunized each year. High risk groups include children aged 6–59 months of age; pregnant women; people 50 years of age and older; anyone with a chronic medical condition; people who live in nursing homes and other long term care facilities, and health care workers. It is also recommended for caregivers or household contacts of people identified as high risk and those who care for children under the age of 6 months (this group is too young to be vaccinated).

Parents are advised to seek flu shots for children at their regular medical provider. If your child does not have a regular medical provider, the Broome County Health Department will provide flu shots to children by appointment only. Call **778-2839** to schedule an appointment.

For more information on flu, visit the Broome County website at www.gobroomecounty.com and click on the flu icon.